

**Monday**

9:00-10:00am	Hot Power Yoga All Levels	5:15-6:15pm	Power Yoga Level 1
10:15-11:15am	Core Control	5:30-6:30pm	Core Sculpt
4:00-5:00pm	Community Class	6:00-7:15pm	Hot Power Yoga Level 2
4:45-5:45pm	Hot Yoga	7:30-8:30pm	Hot Fusion

**Tuesday**

6:30-7:30am	Hot Power Yoga Level 2	6:00-7:15pm	Hot Power Yoga Level 2
9:00-10:00am	Core Sculpt	7:30-8:30pm	Hot Fusion
12:00-1:00pm	Hot Power Yoga All Levels	7:30-8:30pm	Power Flow Level 1
5:30-6:30pm	Core Strength		

**Wednesday**

9:00-10:00am	Hot Power Yoga All Levels	5:15-6:30pm	Power Yoga Level 1
11:00-12:00pm	Core Control	6:00-7:00pm	Hot Fusion
12:00-1:00pm	Hot Power Yoga All Levels	7:00-8:00pm	Zumba
4:45-5:45pm	Hot Fusion	7:30-8:30pm	Community Class

**Thursday**

6:30-7:30am	Hot Power Yoga Level 2	5:30-6:30pm	Core Strength
12:00-1:00pm	Hot Fusion	6:00-7:15pm	Sculpt 2
4:45-5:15pm	Hot Fusion	7:30-8:45pm	Hot Power Yoga Level 2

**Friday**

10:15-11:15am	Core Control	5:15-6:15pm	Hot Fusion
12:00-1:00pm	Hot Yoga	5:30-6:30pm	Power Yoga All Levels
4:00-5:00pm	Zumba	6:30-7:30pm	Community Class

**Saturday**

9:30-10:30am	Core Control	12:00-1:00pm	Power Flow Level 1
9:30-10:30am	Hot Power Yoga Level 2	1:15-2:15pm	Hot Power Yoga All Levels
11:00-12:30pm	Hot Power Yoga Level 2	5:15-6:15pm	Gong Meditation

**Sunday**

9:30-10:30am	Hot Power Yoga All Levels	5:00-6:00pm	Prenatal
11:00-12:00pm	Hot Fusion	5:30-6:30pm	Gentle Yoga
4:00-5:15pm	Hot Power Yoga All Levels	5:30-7:00pm	Kundalini